

## Integrating the Body, Brain, and Spirit: New Trends for Eating Disorders Treatment

July 13-16, 2006 – Chicago Marriott Downtown on the Magnificent Mile - Chicago, Illinois



## Preliminary Schedule and Faculty Bios

*This list is preliminary as the Program Committee finishes the selection process. A preliminary Schedule is also included in this document\*.*

*Updated February 1, 2006*

*\*Schedule is subject to change.*



♪ Chicago is one town that won't let you down! It's my kind of town! ♪

**The Magnificent Mile** offers 460 stores in eight city blocks. Beyond the Chicago favorites like American Girl, Crate & Barrel and Niketown, choose from delectable restaurants, unique shops and several museums and galleries to round out your day on the mile. Nearby, the glamorous boutiques and brand names of **Oak Street** take you to a different world. Lake Michigan and the city skyline are a glorious backdrop to the upscale shops to make your excursion in Chicago like no other. **Architectural river cruises** ply the Chicago River in season with experts on board who will amaze and delight you with a wealth of entertaining facts about the city's architectural history. Your Chicago trip should definitely include jazz, blues, and whether you want to hear music indoors or out, the choices are great. Some longstanding favorite haunts for blues include **Blue Chicago**, **Buddy Guy's Legends**, **House of Blues**, and **Kingston Mines**. For jazz, **Andy's Jazz Club**, **The Back Room**, **Green Dolphin Street**, and **Joe's Be Bop Café & Jazz Emporium** at Navy Pier are all great stops. **Chicago by the numbers: 54 museums!** More than 200 theatres! Approximately 15,500 restaurants in the metropolitan area and 5,600 in the central business district! Three of the world's tallest buildings including: The Sears Tower - 1,450 feet The Amoco Building - 1,136 feet The John Hancock Building - 1,127 feet! Plus 31 miles of lakefront, 550 parks, and 15 miles of bathing beaches! The 24.5 acre Millennium Park showcases Chicago as one of the most culturally sophisticated and diverse cities in the world. Its centerpiece is the dazzling **Jay Pritzker Pavilion** designed by Frank Gehry, one of the world's greatest living architects. The Park is also home to several astonishing works of art, among them **Cloud Gate**, the mammoth-sized stainless steel sculpture by British artist, Anish Kapoor; the **Crown Fountain** designed by Spanish artist, Jaume Plensa; and the precedent-setting **Lurie Garden** created by the team of Kathryn Gustafson, Piet Oudolf and Robert Israel. **Hip Spots:** The area of Randolph Street just west of Chicago's Loop is full of high-energy dining establishments, including the ultra-trendy **Nine**, Asian-inspired **Redlight** and **Blackbird Restaurant**. One of the newest areas to sprout hot dining destinations is a stretch in the south Loop, accessible by car or taxicab. Restaurants in the area include **Gioco** (regional Italian) **Opera** (trendy upscale Asian) and **The Chicago Firehouse Restaurant** (classic American). On the Magnificent Mile, The Peninsula Chicago has an outdoor rooftop terrace that's great for summer dining.



Keynote Faculty  
*The Psychobiology of Temperament and Character*

**C. Robert Cloninger, MD** 's present positions are: Director, Sansone Center for Well-Being, Washington University, 2002- present, and Director of Center for Psychobiology of Personality, Washington University, 1994-present. His present and prior appointments include: Wallace Renard Professor of Psychiatry, Washington University, 1991-present; Professor of Psychology, Washington University, 1989-present; Professor of Psychiatry & Genetics, Washington University, 1981-present; Associate Professor of Genetics, Washington University, 1979-1981 and Instructor to Associate Professor of Psychiatry, Washington University, 1973-1981. He states: *"My basic research interests are related to the development of a general developmental model of human personality and its disorders. Accordingly, my work has spanned research on the genetics, neurobiology, development, psychology, brain imaging, and psychometric assessment of normal human personality, as well as diagnosis and treatment of psychopathology. In particular, I have focused on the assessment and psychobiology of personality disorders, substance dependence (especially alcoholism), mood disorders, anxiety disorders, and schizophrenia. My findings indicate that complex non-linear adaptive systems provide a more adequate description of the organization of psychobiological processes than do categorical or linear models. My research findings have led to the development of multidimensional models of human personality that are measured by the Temperament and Character Inventory, which quantifies individual differences in seven vulnerability factors for the full range of normal personality and psychopathology. These seven vulnerability factors, which can be measured in childhood and are moderately stable throughout life, underlie variable risk for normal personality and differentially heritable subtypes of alcoholism, eating disorders, and most other psychiatric syndromes."*



Master Training Institute Faculty  
*Beyond Trauma: A Healing Journey for Women*

**Stephanie Covington PhD** is a clinician, author, organizational consultant, and lecturer. Recognized for her pioneering work in the area of women's issues, Dr. Covington specializes in the development and implementation of gender-responsive services. She has conducted seminars worldwide on addiction, sexuality, families, and relationships for health professionals, business and community organizations, and recovery groups. The seminars, both practical and sensitive in approach, provide professionals with a valuable opportunity to learn new skills for dealing with personal, institutional, and societal changes as we move into the twenty-first century.



Pre-conference Faculty  
*Part I - Treatment of Clients with Eating Disorder Secondary to Attachment Trauma Utilizing Affect Intensifying Psychotherapies with Schema Change*  
*Part II - Subtypes of Eating Disorder Clients and Implications for Prognosis Treatment and Etiology*

**Lori Galperin, MSW, LCSW** initially earned her undergraduate degree in Psychology and later completed her graduate degree in Clinical Social Work at Tulane University. Ms. Galperin is an accomplished contributor in the fields of marital and sexual dysfunction, sexual compulsivity, sexual trauma and dissociative disorders, lecturing nationally and internationally on these topics. She has authored numerous journal articles and book chapters. Among Ms. Galperin's many professional affiliations and clinical designations, she is a Certified Consultant with the American Society for Clinical Hypnosis.



Keynote Faculty

***Eating Disorders and Addictions : New Findings, Trends, and Treatments***

**Mark S. Gold, M.D.** is a Distinguished Professor at the University of Florida College of Medicine's Brain Institute, Departments of Psychiatry, Neuroscience, Community Health & Family Medicine. He is a teacher of the year, researcher and inventor who has worked for nearly 30 years to develop models for understanding the effects of tobacco and other drugs on the brain and behavior ... and developed new treatments for addicts. He is the mentor of many of the nation's current leaders in tobacco, alcohol and other drug education and research. He is a Distinguished Alumni and an Honors graduate of the University of Florida College of Medicine where he was an AOA and Faculty Research Award winner. Dr. Gold has also been awarded a Distinguished Alumni Award from Washington University in St. Louis where he also was an Honors graduate and Phi Beta Kappa. He is the author of several books including The Good News About Depression : Cures and Treatments In The New Age Of Psychiatry.



Keynote Faculty

**Craig Johnson, Ph.D.** is the founder and director of the eating disorders program at Laureate Psychiatric Clinic and Hospital. He is a professor of clinical psychology at the University of Tulsa, associate professor of psychiatry at the University of Oklahoma Medical School and is part president of the National Eating Disorders Association. He was the founding editor of the International Journal of Eating Disorders, a founding member of the Academy for Eating Disorders and the Eating Disorders Research Society. He has held faculty appointments at the University of Chicago and Northwestern University Medical Schools. He has over 25 years of experience in the field and has authored two books and over 70 scientific articles.



Keynote Faculty

**Philip S. Mehler, M.D.**, joined the medical staff at Denver Health in 1987 and was promoted to Chief of Internal Medicine in 1994. He is the recipient of numerous teaching awards, has published more than 150 manuscripts and has been recognized as Denver's top internist in the *5280 Magazine* annual survey. He is a nationally recognized expert in the field of medical complications of anorexia nervosa and bulimia. He holds the Glassman Professorship at the University of Colorado School of Medicine, which is the first endowed Internal Medicine Professorship at a public hospital in the United States.



Basic Training Faculty

***Nutrition and Eating Disorders 101***

**Mohey Mowafy, RD, PhD** is Professor of Human Nutrition, and Director of Clinical Dietetics (DPD) in the Department of Health, Physical Education, and Recreation at Northern Michigan University. Dr Mowafy is a member of **iaedp**<sup>TM</sup>'s Certification Committee and a frequent faculty

member at **iaedp**<sup>™</sup> symposiums. He is the recipient of numerous teaching awards and a nationally recognized expert in the field of nutrition and eating disorders.



Pre-conference Training Faculty  
*Using Sensorimotor Techniques in the Treatment of Eating Disorders*

**Pat Ogden, PhD** is the founder and director of Sensorimotor Psychotherapy Institute, an internationally recognized school that specializes in training psychotherapists in somatic/cognitive approaches for the treatment of trauma, developmental and attachment issues. She is a co-founder of the Hakomi Institute, serves on the faculty of The Naropa University in the Somatic Psychology and Contemplative Psychology departments, and lectures internationally. Dr. Ogden is trained in a wide variety of somatic and psychotherapy approaches and has worked with a diversity of populations, including prison inmates, psychiatric inpatients and survivors of trauma. A pioneer in somatic psychotherapy and the treatment of trauma, she has over 30 years' experience working with individuals and groups.



Keynote Faculty  
*The War on Obesity*

**Jonathan Robison** holds a doctorate in health education/exercise physiology and a master of science in human nutrition from Michigan State University where he is adjunct assistant professor. He has authored numerous articles on a variety of health-related topics and is a frequent presenter at local and national conferences. Dr. Robison specializes in health promotion and human behavior, with a particular interest in *why people do what they do and don't do what they don't do*. He also is co-editor of the journal - *Health At Every Size* - and has been helping people with weight and eating-related concerns for more than 15 years.



Pre-conference Faculty  
*Part I - Treatment of Clients with Eating Disorder Secondary to Attachment Trauma Utilizing Affect Intensifying Psychotherapies with Schema Change*  
*Part II - Subtypes of Eating Disorder Clients and Implications for Prognosis Treatment and Etiology*

**Mark Schwartz, Sc.D.** earned his doctorate in Psychology and Mental Health from Johns Hopkins University. He is a licensed psychologist, an adjunct professor in the departments of Psychiatry and Obstetrics at St. Louis University School of Medicine, and Clinical Co-Director of the Masters and Johnson outpatient clinic and inpatient programs, nationally recognized for their innovative treatment of trauma survivors. Over the past 25 years, Dr. Schwartz has achieved international recognition for his contributions in a variety of clinical areas, including the treatment of intimacy disorders, marital and sexual dysfunction, sexual compulsivity, sexual trauma and eating disorders. He lectures both nationally and internationally on these topics and has authored numerous articles and book chapters, including the book *Sexual Abuse and Eating Disorders*.



Keynote Faculty  
***“When I was 9”: The Eating Disordered Child***

**Kevin R. Wandler, M.D.**, is Vice President of Medical Services and the Medical Director at Remuda Ranch. Dr. Wandler has been the Medical Director of Remuda Ranch since 1995. He is responsible for the oversight of the medical and psychiatric staff. He provides clinical assessment and consultation with patients at the Remuda Intensive Programs and the Remuda LIFE Program. For eight years prior to joining Remuda, Dr. Wandler was in private practice in Chandler, Arizona, as well as the Medical Director of a local psychiatric facility. He is board certified in general psychiatry by the American Board of Psychiatry and Neurology. In addition he has certification in Psychiatry with Added Qualification in Addiction Psychiatry from the American Board of Psychiatry and Neurology.



Keynote Faculty  
***“When I was 9”: The Eating Disordered Child***

**Brenda Woods, MD** is the Director of Primary Care Medicine at Remuda Ranch. Dr. Wood’s role at Remuda Ranch is to manage and treat the medical problems of patients at Remuda’s inpatient facility. Over the years, she has directed the medical care of thousands of patients with eating disorders. Dr. Woods has been affiliated with Remuda Ranch since 1997 serving as Director of Primary Care Medicine for five years. She has nine years of private practice experience with emphasis on women’s health, adolescent and pediatric medicine. Dr. Woods is a member of the Arizona Academy of Family Physicians, the American Academy of Family Medicine, the Academy for Eating Disorders and the International Association of Eating Disorder Professionals. She is board certified with the American Academy of Family Physicians and Awarded Degree of Fellow with the American Academy of Family Physicians.



Keynote Faculty  
***Beyond the Body Betrayed:  
Integrated Treatment of Eating Disorders***

**Kathryn J. Zerbe, M.D.**, is Professor and Vice Chairperson for Psychotherapy in the Department of Psychiatry at Oregon Health and Sciences University. She also holds a joint appointment as Professor in the Department of Obstetrics and Gynecology and is Director of Behavioral Medicine in the Center for Women’s Health at OHSU. Dr. Zerbe is a Training and Supervising Psychoanalyst at the San Francisco and Oregon Psychoanalytic Institutes. A frequently requested speaker both nationally and internationally, Dr. Zerbe lectures on topics that include eating disorders, women’s health, professional well-being and the psychology of 19th and 20th Century artists. She has authored over 50 clinical papers and book chapters and four books, including *The Body Betrayed: Women, Eating Disorders, and Treatment* and the forthcoming *Integrated Treatment of Eating Disorders: Beyond the Body Betrayed* (W. W. Norton).

# Preliminary Schedule

(The following is a preliminary schedule which is subject to change. For the most up to date information, visit our website.)

## Wednesday, July 12

9:00 am – 4pm

Pre-Conference Trainings • Basic Training Tracts  
(Faculty and Curriculum to be announced)

## Thursday, July 13

9:00 am – 9 pm

Advanced Training Institutes  
9:00 – Noon and 1 pm-4 pm  
(Faculty and Curriculum to be announced)

### Advanced Training Institutes Faculty (preliminary list)



**S. Roy Erlichman, PhD**

*Survival Tactics: Treating the Angry Patient and the Family*



**Kathy J. Kater, LICSW**

*A Comprehensive Model for Primary Prevention of the Full Spectrum of Body Image, Eating, Nutrition, Fitness, and Weight Concerns in Children*



**Judith Matz, LCSW, Ellen Frankel, LCSW, Sally Strosahl, MA, LCPC, FAMI**

*Body of Knowledge: Exploring the Clinician's Experience of Body Size and Its Impact on Treatment*

**The Program Committee is currently finalizing more ATI classes. Please check back for more details in the near future.**

**Noon – 4pm Exhibit Setup in Exhibit Hall**

**5:00 pm**

**Symposium 2006 Gala Networking Reception and Grand Opening Session**

Special tickets are available for this evening session which is open to the general public as well as non symposium registrants. Ticket cost is \$125.

**Keynote Speaker: C. Robert Cloninger, MD**  
*The Psychobiology of Temperament and Character*

**Annual Fundraising Auction**

Join us for the fun and excitement! Each year the items auctioned include vacation getaways, jewelry, art, handcrafted items, and many other objects of interest. Joining us in Chicago along with our regular iaedp™ auctioneers (our very own Mary Bellofatto and Vicki Berkus) is celebrity interior designer Nate Berkus.



**Mary Bellofatto, LMCH, CEDS**  
iaedp Board of Directors



**Vicki Berkus, MD, PhD, CEDS**  
iaedp Board of Directors



**Nate Berkus** began his career in design at a young age. "I was barely in grade school when I helped my mother rearrange the living room furniture for the first time." After graduating from Lake Forest College, he took a job with Leslie Hindman Auctioneers. It was from this position, as well as an internship with Dominique Aurientis in Paris, France, that he really developed a love and knowledge for the decorative arts and furniture. From his auction house experience came a deeper understanding of how to shop and what to buy. Nate then went on to form **Nate Berkus Associates** in 1995 at the age of 24. Moving from the auction house to interiors was a natural evolution for him. The firm grew to include projects for Wolfgang Puck's Spago, Barney's New York, W hotels, as well as a prestigious list of private homes and clients. In 2001, Nate was invited to make over a small space for "*The Oprah Winfrey Show*." From there, Nate became a featured design expert for the show and continued on to become a regular contributor to *O at Home* magazine. "It's funny, as a kid, I think I rearranged the rooms of almost every house on the block," laughs Nate. "I feel like I'm still doing the same thing. Except, now I'm coming into your living room through the TV, the pages of *Home Rules* and my collection at *Linens 'N Things*."

**This event is open to the general public.**  
**Invite your friends to join us!!**

**Friday, July 14**

8 am – 9 pm

**Keynote Speakers**

Jon Robison, PhD *The War on Obesity*

Philip Mehler, MD

Craig Johnson, PhD

*Times and Titles to be Announced*

Concurrent Workshops

Round Table Luncheon Discussion Groups

Newcomers No Host Dinner

(Additional Faculty and Curriculum to be announced)

**Saturday, July 15**

8am – 7pm

**Keynote Speakers**

Mark S. Gold, MD

*Eating Disorders and Addictions : New Findings, Trends, and Treatments*

Kathryn Zerbe, M.

*Beyond the Body Betrayed: Integrated Treatment of Eating Disorders*

Concurrent Workshops

**Master Training Institute**

Stephanie Covington PhD

*Beyond Trauma: A Healing Journey for Women*

(Additional fee required – Concurrent workshops available at same time)

**Exhibit Hall Closes at 6 pm**

**Sunday, July 16**

8 am - noon

**Keynote Speakers**

Brenda K. Woods, MD and Kevin R. Wandler, MD

*“When I was 9”: The Eating Disordered Child*

Concurrent Workshops

## More About Enjoying Chicago!

### **Art Institute of Chicago**

One of the world's great art museums, with collections dating from 3,000 B.C. through the present, including famous French Impressionist paintings and drawings; fine and decorative arts from America, Europe, Africa, Asia and Latin America; photography, textiles and architectural works.

### **Buckingham Fountain**

Dedicated in 1927 in the Beaux-Art tradition, the historic Buckingham Fountain is a landmark in the city of Chicago and is the centerpiece to 29 miles of shoreline and expansive lakefront parks

### **Outdoor Dining/Dining Al Fresco**

Chicago provides some terrific locations for outdoor dining where you can take advantage of the sites while tasting some of the city's most delectable cuisine.

### **Lincoln Park**

Lincoln Park is a sprawling lakefront park just north of Chicago's downtown playing host to the Lincoln Park Zoo, the Peggy Notebaert Nature Museum, the Lincoln Park Conservatory and the Lincoln Park Lagoon (pictured).

### **Millennium Park**

Located in downtown Chicago on Michigan Ave. between Randolph and Monroe Sts., this 24.5-acre park is an unprecedented center for world-class art, music, architecture and landscape design, where you can experience everything from interactive public art and ice skating to al fresco dining and free classical music concerts by the Grant Park Orchestra and Chorus.

### **The Museum Campus**

The Museum Campus is a scenic 57-acre lakefront park that connects three of Chicago's world-class institutions - the Adler Planetarium & Astronomy Museum, The Field Museum and the John G. Shedd Aquarium. The Campus grounds feature terraced gardens, lush green spaces and broad walkways.

### **Oak Street Beach**

The most popular sunbathing and swimming spot on the city's 27-mile lakefront, this beach is in the shadow of the John Hancock Building in the heart of downtown and is a busy place, with a constant stream of bikers, skaters and joggers.

### **Michigan Avenue**

With four shopping centers, world-renowned boutiques and locally acclaimed designers, Chicago's Magnificent Mile is known as a shopper's paradise. The Magnificent Mile offers 460 stores in eight city blocks as well as offering its visitors world-class dining, lodging and leisure entertainment.

### **The Field Museum**

Part of Chicago's Museum Campus, the Field Museum educates and entertains visitors with exhibits about nature and culture, prehistoric to present. One of its most popular attractions is Sue, the world's largest and most complete T.rex dinosaur skeleton.

### **Historic Water Tower**

The Historic Water Tower has been the city's most cherished landmark for over a century as it is one of the last remaining buildings to survive the Great Chicago Fire of 1871. Today, the Historic Water Tower is the home of City Gallery, the city's official photography gallery.

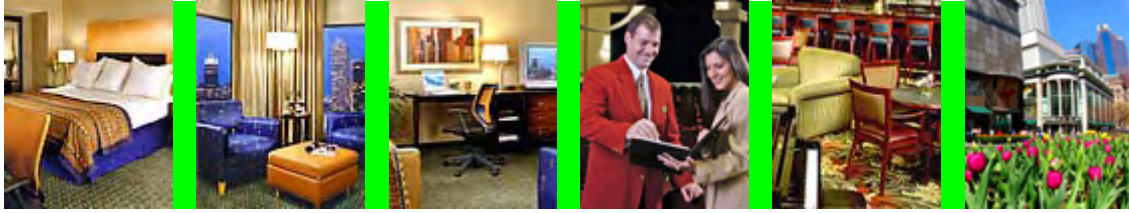
### **Lake Front**

Beaches, boats, and blue skies await all of those visiting the city, providing over 29 miles of Lake Michigan shoreline to use as your playground.

### **Neighborhoods To Stroll**

Be sure to truly enjoy Chicago by taking a walk after your meal! Stroll through some of Chicago's favorite neighborhoods including Old Town, where you can walk along Wells Street after dining at restaurants like the **Fireplace Inn**, **Adobo Grill**, **O'Brien's** or **Bistro Margot**. Further down, the stretch of Southport between Addison and Irving Park on Chicago's North Side (3600 to 4000 North) is full of casual dining establishments, pubs, the historic Music Box movie theatre and intriguing specialty shops amidst a thriving residential neighborhood.

## Chicago Marriott Downtown Magnificent Mile



Soaring 46 stories into the downtown Chicago skyline amid the world-famous shops and restaurants on Michigan Avenue, the Chicago Marriott Downtown Magnificent Mile rises to every occasion. Whether you're on a business trip, attending a meeting, or just getting away, the hotel puts you in the middle of it all. Host your meeting or social event in our 60,000 sq ft of versatile function space. Or, just retire here after a long day of business or shopping along the Magnificent Mile. And, since we have 3 restaurants and lounges, you don't even have to leave the hotel to satisfy your appetite or gather with colleagues. You'll love the stylish and contemporary upgrades we've made to our guest rooms and suites during our recent \$15 million renovation. Everything from sleek desks to flat-screen TVs, cozy beds and vibrant artwork reflects the timeless charm of Chicago. The views from our rooms are even more glorious now. Whether you're here with a group or by yourself, you'll be treated as if you're our only guest. A health club and an indoor pool/spa round out the amenities at this great hotel!

**Be sure and mention that you are with the iaedp™ Symposium to get our special conference rate!**

### Contact Information

**540 North Michigan Avenue**

**Chicago, Illinois 60611 USA**

**Phone: 1-312-836-0100**

**Fax: 1-312-836-6139**

**Toll-free: 1-800-228-9290**

**Sales: 1-312-245-4728**

**Sales Fax: 1-312-245-6929**

## **Transportation and Directions**

### **Airport Information**

#### **Chicago/OHare – ORD**

**1-773-686-2200**

Hotel Direction: 14 mi SE

Driving Directions: Take I-190 East to I-90 (Kennedy Expressway) East to the Ohio Street Exit. Ohio Street is a one-way street eastbound. Take Ohio Street to Rush Street. Right (south) on Rush; hotel entrance is on left. Subway service, fee: 2.0 USD (one way)

Estimated taxi fare: 40 USD (one way)

#### **Chicago/Midway – MDW**

**1-773-838-0600**

Hotel Direction: 12 mi NE

Driving Directions: Take Cicero Avenue North to I-55 North. Take I 90/94 West, into downtown. Exit Ohio St, (one way, eastbound), Hotel is on corner of Ohio and Rush St. Turn right on Rush for hotel entrance.

Subway service, fee: 2.0 USD (one way)

Estimated taxi fare: 30 USD (one way)

## **Hotel Information**

### **Check-In and Checkout**

Check-In: 4:00 PM

Checkout: 12:00 PM

Express Check-In and Express Checkout

Video Review Billing, Video Checkout

### **Parking**

On-site parking, fee: 22 USD daily

Valet parking for a fee

### **Pet Policy**

Pets not allowed